



The Mind Hub

Certified Hypnotherapist

Lyn@themindhub.org

CLIENT TERMS AND CONDITIONS

Please read these terms and conditions which apply to the provision of my professional services. This document must be read in conjunction with The Mind Hub's GDPR policy, which contains important details about confidentiality and how your data/information will be handled. By making an appointment, you are agreeing to the following terms and conditions. If you are unable or unwilling to agree to these terms and conditions, then you should not book an appointment or continue with your course of therapy.

THERAPIST DETAILS

- Name: Lyn Goldsworthy
- Contact Number: 07746 313581
- Email: Lyn@themindhub.org

GENERAL

Lyn aims to provide the very highest levels of service. She aims to always treat clients with respect and care and to always work in a collaborative and professional manner. It is important for clients to understand that whilst hypnosis is undoubtedly powerful, client commitment to the process is required. If provided, an audio is for your personal use only and must not be shared, lent, copied or sold under any circumstances and should not be listened to whilst driving, operating machinery or undertaking any other activity where concentration is required

Lyn is a member of the GHR and the GSHC and adheres to their codes of conduct which are publicly available on their websites. Although a trained and certified hypnotherapist, Lyn Goldsworthy is not medically trained so is unable to diagnose medical conditions; neither should hypnotherapy replace mainstream treatment for any medical conditions. If at any time a client is concerned about specific symptoms, their health in general, or whether they should undertake hypnotherapy sessions, they should consult with their GP or other appropriately qualified medical professional.

FREE INITIAL CONSULTATION

You may be offered a complimentary 20-minute telephone or online complimentary call. No therapy will be provided during the complimentary call. The purpose of this initial complimentary call is to establish if we want to work together. During these calls, estimates of the number of sessions required to deal with your presenting issue are given based on the information presented at that time. Estimates are only rough guidelines.

SESSION FEES

All professional fees will be disclosed to you prior to booking. My professional fees are subject to review and may increase from time to time. Payments are generally taken in advance of each session

CANCELLATION AND RESCHEDULING:

Two full working days' notice is required to cancel or rearrange a hypnotherapy appointment without

incurring a late cancellation fee. Less than two full working days' notice and more than one working day's notice will incur a 50% cancellation fee. Whilst endeavouring to be flexible with clients to arrange changes, less than one full working days' notice will incur a 75% cancellation fee. No refunds will be issued for cancellations within 48 hours of a session.

NON-ATTENDANCE:

If you fail to attend without giving notice, then the missed session will have to be paid for in full before any further sessions can be booked. If you arrive late to your appointment, your session time will have to be reduced. The full fee will still become due.

CONTACT BETWEEN SESSIONS

Contact between hypnotherapy appointments is not normally needed, except if it becomes necessary to change the time or date of an appointment. If that does become necessary clients should contact Lyn by WhatsApp or mobile.

MEDICAL OR PSYCHOLOGICAL CONDITIONS

I may ask questions about your medical history to establish any contra-indications to treatment. This will also help to assess whether your health is affecting (or being affected by) the therapeutic goals you wish to achieve. Please update me of any medical changes during your course of therapy, or if you are returning to therapy after a period of absence. If you are receiving care or treatment from any medical, healthcare or therapy practitioner, e.g. GP, Psychologist, Psychiatrist or Counsellor, you may be asked to seek their permission before any therapy sessions can commence.

Please note that I will be unable to offer my professional services if you suffer from:

1. Epilepsy
2. Psychosis
3. Any form of hallucinations
4. Schizophrenia
5. Schizophrenia disorder
6. Bipolar disorder
7. Borderline personality disorder

AGE RESTRICTIONS

You must be at least 18 years old to participate in online sessions. Clients under the age of 18 years old must be accompanied by a parent or guardian and will be seen in-person.

OUTCOME OF SESSIONS

The agreement to work on the issues presented by you in no way implies or guarantees the resolution of your presenting issue(s), no outcome can or will be guaranteed. However, I will always endeavour to use my best efforts and skills to work towards your goals and intended outcomes.

STANDARDS OF BEHAVIOUR

During the course of any therapy sessions, I will treat you with respect and not abuse the trust you place in me. I will always use best practice in our mutual interest. In return, you undertake not to harm yourself, or any other person, including me, or any property belonging to either me or any other person. You agree not to attend sessions under the influence of alcohol or recreational drugs, except those medications which have been prescribed by your doctor. If you do attend any sessions under the influence of alcohol or recreational drugs, or demonstrate violent or abusive behaviour, I will cancel the session and may refuse to see you for any further sessions without refunding any payment already made.

CONSENT

- I consent to receiving hypnotherapy with Lyn Goldsworthy/The Mind Hub
- I am happy for Lyn Goldsworthy/The Mind Hub to send me an occasional newsletter by email (each newsletter will include an option to unsubscribe)
- I consent to Lyn Goldsworthy/The Mind Hub contacting me by email for the purposes of service evaluation
- I understand that results may vary from person to person and the agreement by Lyn Goldsworthy/The Mind Hub to work on the issues or problems presented by me, using whatever therapies are appropriate to my situation, in no way implies or guarantees the resolution of any presenting problems or issues.
- I understand that hypnotherapy or any other therapy or information provided by Lyn Goldsworthy/The Mind Hub either in person or via telephone, email or internet, is not a replacement or substitute for medical, psychological or psychiatric treatment. If I have any doubts or concerns about my health, I will seek advice from an appropriate qualified healthcare professional.
- I have accurately and truthfully answered any questions and provided background information during the initial consultation and /or first therapy session and will continue to do so during any subsequent therapy sessions.

CONFIDENTIALITY

- By signing this form, I consent that Lyn Goldsworthy/The Mind Hub may release information to a specific individual or agency if it has been determined that a vulnerable person (child or elder) is at risk or if I, as a client, am an imminent danger to myself or others or if a subpoena of records has been requested.
 - I also understand that, at any time, Lyn Goldsworthy/The Mind Hub may discuss aspects of my case with other colleagues always keeping my full name and identity completely confidential unless I have given permission otherwise.
- I agree to the above detailed terms and conditions and have been given access to, and have read, Lyn Goldsworthy's [Privacy Policy](#)

SIGNATURE

Full Name:

Signature:

Date:

